



# TRINITY LUTHERAN PARENTS' DAY OUT

## NOVEMBER 2025



### LEARNING & ACTIVITIES

PDO certainly has a lot to be thankful for and keep us busy this month! We have our regularly scheduled Thanksgiving festivities and units on Bears and Hibernation and Manners and Nutrition planned for the coming weeks!

During our manners week, we will discuss all things NICE! Students will be reviewing good choices and bad choices, ways to be a better friend and, of course, practicing lots of "pleases and thank yous!" We will also spend A LOT of time discussing the importance of hand washing, catching our coughs/sneezes, and saying "excuse me!"

Nutrition week will be an exploration of the different food groups. We will work to build a basic understanding of healthy vs. unhealthy food choices and the importance of moderation. Our older classes will also take some class time to sample a few new foods to broaden those growing palates. Leading up to the celebration of Thanksgiving, we will spend a few days discussing Native Americans, including culture, art, some very basic history, and the meeting of the Pilgrims leading to the First Thanksgiving. The Monday and Tuesday before break will be Thanksgiving celebration days! Children will participate in fun games (pin the tail on the turkey anyone?) and enjoy a pumpkin-y treat. Staff and students will also take time to reflect upon what it means to be thankful and share who and for what we are most thankful.



### SPECIAL DATES

- NOV. 2: DAYLIGHT SAVINGS
- NOV. 3: PJ DAY
- Nov 24 & 25 : THANKSGIVING CELEBRATIONS
- NOV. 26-28: THANKSGIVING HOLIDAY BREAK



### NOTES/REMINDERS

- The weather is changing! Please be sure to dress your child in weather appropriate clothing for outdoor play!
- Please check ClassDojo frequently! Teachers share important info there and we don't want any friends missing out on classroom fun!



### SPECIAL NEWS

In the spirit of giving, Trinity Lutheran Parents' Day Out will be collecting non-perishable food items, toiletries, feminine/adult care products, diapers, and infant care products for Kirkcare. Any donation is appreciated and will be accepted at pick up and/or drop off. For a more extended list of items needed check [Kirkcare.org](http://Kirkcare.org)

